

OFFICAL STUDENT TRANSCRIPT

The O'Hara School of Massage and Energy Therapies

28350 Country Road 317, Buena Vista, CO 81211

Students Name:

Date of completion:

Medical Massage Program Transcript

Class Name	Course hours	Completed Hours Theory/Lab	Grades (2-4)	Check if logged hours were completed
Course One: Foundation of human anatomy and physiology	275			
• Anatomy	100	T 94 L 06		
• Physiology	100	T 98 L 02		
• Clinical application of pathologies	30	T 20 L 10		
• Massage understanding 101	20	T 05 L 15		
• Student ethics	03	T 03 L 00		
• Student health and hygiene	05	T 05 L 00		
• Alexander technique	06	T 02 L 04		
• Somatic psychology	11	T 03 L 08		
Total hours:	275	T 230 L 45		

Class Name	Course hours	Completed Hours Theory/Lab	Grades (2-4)	Check if logged hours were completed
Course Two: Core touch techniques: Exploring the fundamental aspects of touch				
Massage 101	50 total			
• Massage understanding 102	12.5	T 02 L 10.5		
• Spa application	12.5	T 00 L 12.5		
• Eastern philosophies	12.5	T 05 L 7.5		
• Ayurvedic principles	12.5	T 05 L 7.5		
Explanation of fascia	50 total			
• Anatomy	05	T 4 L 1		
• Physiology	03	T 2 L 1		
• Kinesiology in movement	10	T 3 L 7		
• Assessment	10	T 5 L 5		
• Structural integration	06	T 3 L 3		
• Fascia bodywork training	10	T 00 L 10		
• Sports massage therapy	06	T 01 L 05		
Palpation of Anatomy	25 total			
• Anatomy	05	T 02 L 03		
• Practical application of pathologies	05	T 01 L 04		
• Massage understanding 103	10	T 02 L 08		
• Alexander technique	05	T 01 L 04		
Total hours:	125	T 31 L 94		

Class Name	Course hours	Completed Hours Theory/Lab	Grades (2-4)	Check if logged hours were completed
Course Three: Therapeutic Touch	50			
• Energy Anatomy	10	T07 L03		
• Anatomy	04	T03 L01		
• Practical Application of Pathologies	04	T03 L01		
• Somatic Psychology	05	T03 L02		
• Practical Application of Energy Therapies	10	T03 L07		
• Eastern Philosophies	04	T02 L02		
• Ayurvedic Principles	04	T02 L02		
• Scripting and Assessment	09	T01 L08		
Total hours	50	T24 L26		

Class Name	Course hours	Completed Hours Theory/Lab	Grades (2-4)	Check if logged hours were completed
Course Four: Medical Massage	100			
• Medical Terminology	10	T05 L05		
• Clinical Pathologies	20	T010 L10		
• Medical Techniques	20	T05 L15		
• Anatomy	10	T07 L03		
• Assessment and Treatment Plans	13	T03 L10		
• Stretching and Flexibility	07	T02 L05		
• Student Clinic	20	T00 L20		
Total hours:	100	T32 L68		

Class Name	Course hours	Completed Hours Theory/Lab	Grades (2-4)	Check if logged hours were completed
Course Five: Clinical Practicum				
• CPR training	3.5	T 01 L 2.5		
• First aid training	3.5	T 01 L 2.5		
• Professional ethics	05	T 05 L 00		
• Advance massage	10	T 04 L 22		
• Chair massage	10	T 02 L 08		
• Running a massage business	12	T 12 L 00		
• Student clinic	40	T 00 L 40		
Total hours:	100	T 25 L 75		

Medical Massage Program Completed: 650 hours

Grading Scale

94 – 100% = 4.0

85 – 93% = 3.0

75 – 84% = 2.0

Below 75% - failing

Explanation of Grading System

Grades based upon the following system of marking are the only authorized grades to be used on the students Transcript.

Grades Definitions

The following definitions will be used as a guide for the assignment of Graduate grades.

- **H**– High Pass, Clear Excellence
 - **A = 4**
- **P**– Pass, Entirely Satisfactory
 - **B = 3**
- **L**– Low Pass, Minimum Passing Level of Attainment
 - **C = 2**
- **F**– Fail - Failed, Unacceptable Level of Achievement
 - **F = 0**

- **IN**– Work Incomplete

A temporary grade that converts to an F* unless the grade is replaced with a permanent grade by the last day of classes for the same term one year later.

- **AB**– Absent from Final Examination

A temporary grade that converts to an F* unless the grade is replaced with a permanent grade by the last day of classes for the same term one year later.